



(Date)

Dear (Teacher/Principal),

The father/mother of _____ is being deployed with his/her National Guard Unit and will be gone for an undetermined amount of time. I make you aware of this because you may notice some behavioral, emotional, or academic changes. _____ may act out, be more/less active, or withdraw from friends and activities he/she once enjoyed. Emotionally he/she may be angry, sad, or anxious or may be hiding that anything is bothering him/her. Academically, he/she may find it difficult to concentrate which may cause grades to drop. Also, with one parent absent, there may not be anyone to help with homework. If you notice any of these things, please do what you can to support my son/daughter and keep me informed. Please alert the school counselor and nurse of this situation as well as their support may also be needed. Thank you in advance for the many ways your tender care and attention will help my son/daughter cope throughout this very stressful period.

Sincerely,

(Parent signature and phone number)

Resources:

WI National Guard State Youth Coordinator 1-800-292-9464 or (608) 242-3466
www.guardfamily.org National Guard Family Programs website
www.militarychild.org Military Child Education Coalition
www.apa.org American Psychological Association website (From the homepage click on public publications, then brochures, then the article 'Resilience in a Time of War') GFTB on-line course: Dealing with Deployment: Educators, Parents, and Youth accessible on guardfamily.org.